

Snack Ideas

***Peanut free snacks**

Please keep in mind that the children are only in class for 2 hour and 30 minutes. Snack should be kept simple and not large portions. Let's try to keep snack to 10 minutes. ☺

- *Goldfish crackers, carrot slices, orange slices**
- * Graham crackers, sliced grapes, cheese cubes**
- *Celery sticks with cream cheese, raisins, muffin**
- *Any kind of Crackers, cheese sticks, apple wedges**
- * Goldfish crackers, apple slices, snow peas**
- * Tortillas with cheese cut in to triangles and sliced bananas**
- * Mini cheese sandwiches with fruit or vegetable or both**

Other ideas:

Bananas	Pasta with sauce
Blueberries	Cheese Quesadillas
Strawberries	Brown rice with butter
Pretzels	Popcorn
Graham crackers	
Goldfish	
Grapes	
Jello cups	
Peaches	
Pears	
Plums	
Pineapple	
Quesadillas	
Teddy Grahams	
Yogurt	
Applesauce	

- * Special days should have regular snack followed by a special snack.**